

# REDUCE REUSE RECYCLE



## APRIL 2025

# EARTH MONTH

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Repair an Item of Clothing	2 Learn about the Great Pacific Garbage Patch	3 Learn about the problem of Ocean Plastics in Nova Scotia	4 Make a Pledge to protect our environment	5 What's in the Fridge Recipe
6	7	8	9	10	11	12
Waste Tracking - Track your Waste for a Week						
13 Discover Our Climate - Discovery Centre Website	14 Closet Clean Out!	15 No Plastic Day!	16 Litter Clean Up Scavenger Hunt	17 Paint Litter Rocks	18 Recycling Poem Day	19 Make a tote bag from a T-Shirt
20 Make an Earth Day T-Shirt	21 Earth Day! Celebrate the Earth by Sharing what you have learned so far!	22 Make a Rope Snake	23 Make a <i>Shoe Box Maze</i> from Upcycled and Recycled Items	24 Waste Less Water Day!	25 Virtual Field Trip on Food Waste	26 Yarmouth Earth Day Weekend Mariners Centre
27 Yarmouth Earth Day Weekend Mariners Centre	28 Make a Bee Watering Station	29 Make a list of five things you and your family could try to reuse at home	30 Plant something new to celebrate the end of Earth Month			

**Day 1:** Use one of these videos from Divert NS to repair a clothing items :

- [The Fix-it Series: How to Sew a Button](#)
- [The Fix-It Series: How to Patch a Hole](#)
- [The Fix-It Series: How to Mend a Tear](#)



**Day 2 :** Learn about the Great Pacific Garbage Patch with this video that explains [How Big The Great Pacific Garbage Patch Really Is](#)

**Day 3:** Learn about ocean plastics and beach waste here in Nova Scotia [Coastal Champion Spotlight: Scotian Shores](#)



**Day 4 :** Make a pledge to protect the environment here in Nova Scotia with one of these pledges from Divert NS:

- [Pick Up Litter around My Home, My School or at the Beach !](#)
- [Carry a Reusable Water Bottle !](#)
- [Choose Products with Less Packaging !](#)
- [Use Reusable Bags When Shopping !](#)
- [Use a Reusable Mug !](#)
- [Refuse Single-use Straws and Cutlery !](#)



**Day 5:** Use the [SuperCook - Zero Waste Recipe Generator](#) for recipes you can make right now using food you don't want to waste.

**Day 6-12:** Track your Waste for one week by writing it on the proper columns on this [Waste Track Sheet from Divert NS](#), At the end of the week, look it over and see what you notice.



**Day 13:** Visit Discovery Centre - Discover Our Climate online and select one of their Discover Our Climate Lesson Plans to learn about and create solutions for the on-going climate challenges we face.

- [Discovery Centre - Discover Our Climate online](#)

**Day 14:** Closet Clean Out! : Over 7,000 tonnes of textiles are recycled annually. However, another 30,000 tonnes still end up in Nova Scotia's landfills. Old clothes, shoes, and accessories can have a new life in somebody else's closet, and household bedding and other textiles can be recycled and used in a variety of different ways. Visit [Divert NS/Textiles](#) to learn about textile donations.



- Watch the [Waste Not News Video on Textile Waste](#)

**Day 15 :** No Plastic Challenge. Go Plastic Free for the day!

**Day 16:** Create a list of common litter items found in your neighbourhood and go on a Litter Scavenger hunt and see how many of those items you can collect.

**Day 17:** Paint Litter Rocks: Paint rocks with reminders to not litter. You can keep them, give them away or put them around town for others to find.

**Day 18:** Write a poem about recycling

**Day 19:** Make a DIY No Sew T-Shirt Bag . Watch this [DIY Tutorial](#)

**Day 20:** Make an Earth Day T-Shirt. Up-Style an old T-Shirt for Earth Day. Decorate it with Earth Day Images and Messages!



**Day 21:** EARTH DAY: Celebrate by sharing what you have learned about reducing, reusing, recycling. Encourage friends to do the same.

**Day 22:** Grab that old rope and create adorable rope snakes. Simply use tape to create stripes and attach a wooden spoon to one end as the head. Add eyes with a Sharpie and a forked tongue made from colored paper.

**Day 23:** Shoe Box Maze from Upcycled and Recycled Items : Create a shoe box maze by gluing recycled items to the bottom and then challenge your friends to solve the maze using a marble, rolling it from the “Start Line” to the “Finish Line”

**Day 24:** Virtual Field Trip (Food Waste) - Recommendations :

- [Reducing Food Waste with Station Food Hub](#)
- [Rude To Our Food Part 1: Food Waste in Production](#)
- [Rude To Our Food Part 2: Food Waste at the Retail Level](#)
- [Rude To Our Food Part 3: Food Waste at Home](#)



**Day 25:** Think of ways to not waste water! For example turn off the water when brushing your teeth,take a shower instead of a bath.

**Day 26:** Take part in the **4th Annual Earth Day Weekend 2025**. View event information on [Facebook](#)

**Day 27:** Take part in the **4th Annual Earth Day Weekend 2025**. View event information on [Facebook](#)

**Day 28:** Create a Bee Watering Station. [Watch this simple tutorial](#)

**Day 29:** Thinking back over the past month, make a list of 5 items you and your family can reuse at home.

**Day 30:** Plant something new to celebrate the end of Earth Month. You can explore plants that are native to Nova Scotia and add them to your garden. You can use this website <https://networkofnature.org/> to explore different native plants to help you pick one or more!

