

Check It Out!

"Providing waste-reduction awareness, education and program support!"



Waste Reduction Week 2009

(October 19-25)

Waste Reduction Week is an annual celebration to raise awareness about waste and its environmental impact. Small changes in your community, at home, work and school can make a big difference in reducing waste.

See next page for more contests and events celebrating the week.

Community Swap

Join us at our Community Swap for a chance to drop off and/or pick up gently-used clothing, toys, books, housewares and more. All items must be in good working condition. A community swap is an excellent opportunity to reduce clutter and to find something that we could use.

Date: Saturday, October 24, 2009

Location: Royal Canadian Legion, 24 Back Street, Weymouth

Admission: FREE

Items can be dropped off at the above location from 9:30 a.m. to 10:30 a.m. and FREE items will be available from 11:00 a.m. to 12:00 p.m.



****Bring your own shopping bag****

Online Scavenger Hunt

To discover more about waste reduction, we are having a scavenger hunt on our website (www.wastecheck.com). A great prize package can be won. To participate, please visit www.wastecheck.com and follow the links to the hunt. If you do not have access to a computer, please call us at 742-1312 or 1-800-569-0039 for information on how to participate.

To continue our committment to the reduction of solid waste, Waste Check has decided to move towards providing future editions of the "Check It Out" Newsletter online. For those that would like to receive future newsletters by email, please call Waste Check to sign up or fill out the online form at www.wastecheck.com. This newsletter and past editions can be found online.

742-1312 or toll free 1-800-569-0039

www.wastecheck.com



Waste Reduction Week Activities & Contests

RRFB Nova Scotia will be holding their 10th annual **"Nova Scotia Recycles" Contest** which is open to students in grades primary to twelve. There are over \$55,000 in cash and prizes, including \$500 for the schools of the winning students. Scholarships are also available in the grade twelve category. There is \$20,000 available in regional scholarships including a \$5000 scholarship for the best Provincial Grade 12 essay. Contest packages will be mailed to schools in October. For more information on the contest please visit www.rrfb.com.

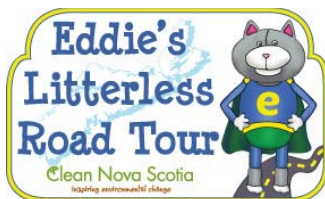


2008 winners with Moby

Enter the **ENVIRO-DEPOT™ Contest** by bringing your beverage containers into your local ENVIRO-DEPOT™. Enter your name to win an environmentally friendly prize package or one of seven bikes. A random draw will take place at each ENVIRO-DEPOT™ across the province. One lucky family will win the grand prize of a weekend getaway at White Point Beach Resort.



Clean Nova Scotia invites all Guides and Scouts to take the **Waste Reducer Challenge!** Children must complete three waste reduction challenges in order to receive their Guides Waste Reducer Patch or Scouts Waste Reducer Badge. To see the full details on the Contest or the Challenge visit www.clean.ns.ca/wrw or call Kari at 1-800-665-5377.



PRESENTING SPONSOR
Tim Hortons

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Eddie's Litterless Road Tour

Still finding litter on your school grounds? Need a little help to remind kids that the Earth is not a garbage can? Well get out your calendars because Eddie is coming to town! Book your stop on Eddie's Litterless Road Tour presented by Clean Nova Scotia. Presentations are available Free to grades primary to three.

Eddie is a loveable superhero cat (puppet) with a cause that is standing up for all the "critters" in the world that have to live with the garbage we humans throw around. Through humour, rhymes and song, kids will learn to keep their neighbourhoods clean. To book your stop on Eddie's tour, please call Kari Riddell at 1-800-665-5377 or visit www.clean.ns.ca for more information.

For more information on these contests or events, please contact Waste Check at **742-1312** or toll free **1-800-569-0039**.

Waste Check programs, including this newsletter, are sponsored in part by RRFB Nova Scotia

